



**2017 FHSAA State Swimming & Diving Series
Class 4A Region 3
Wednesday November 1st and Friday November 3rd
Diving - Wednesday– 9:00am Warm Up/ 11:00am Start
Swimming - Friday- 3:00pm Warm Up/ 5:00pm Start**

Sanctioned By: Florida High School Athletic Association, FHSAA

Host School:

Boca Raton Community High School, 1501 NW 15th Court, Boca Raton FL 33486

Directions: From I-95, exit East on Glades Road. Turn right (South) at first stop light. Turn right (West) into school parking lot.

From Florida Turnpike, exit East on Glades Road. Turn right (South) at first stop light after crossing I-95. Turn right (West) into school parking lot.

Pool: On Campus. Next to the Stadium.

Diving

Two one meter diving boards separated by a three meter board.

Swimming

20 x 25 yard lanes, 8 lanes will be used for the competition course with 2 buffer lanes on each side, 8 lanes available for warm up/warm down before, during and after competition.

Rules: 2016-17 National Federation of Swimming and Diving Rules and Records for Championship meets as amended by the FHSAA.

Diving – Wednesday, November 1st

Entries: Meet entry files as received from FHSAA following District competition

Diving Director:

Matthew Vieke

mviekel@gmail.com

(317) 752-6467

Diving Schedule:

- Open Warm-up (girls and boys) - 9:00-10:00am
- Girls Only Warm-up – 10:00-10:30am
- Girls Event Start – 10:35am
- Boys Warm-up – 40 minutes long – Immediately following the girls event
- Boys Event Start – Following Warm-up

Dive Sheets: **Due by Monday, October 30th at 9pm.**

*(**This is because they will need to be entered into the computer ahead of time**)*

- Please email completed dive sheets to mviekel@gmail.com
OR
- Fax completed diving sheets to 561-338-1544 by the above date and time
- You do not have to bring a dive sheet with you to the pool, we will print out a dive sheet to be signed by the diver and the attending coach. This process will allow you to double check the dive order that has been entered into the computer.

Each diver must have his or her school coach, assistant coach, or official school representative from their school he or she is representing at this event in order to compete. Private diving coaches, or USA diving coaches cannot act as a representative yet may act in a coaching role. **Divers not having a coach, assistant coach, or official school representative of the school that diver is representing will not be allowed to compete.**

FHSAA and NFHS rules apply for the diving list format:

- Prelims: 24 boys and 24 girls allowed for prelims
 - o 2 required dives & 3 optional dives in any order
- Semi-Finals: cut to top 20 boys and top 20 girls before semi-finals
 - o 2 required dives & 1 optional dive in any order
- Finals: cut to top 16 boys and top 16 girls before finals
 - o 1 required dive & 2 optional dives in any order

Swimming – Friday, November 3rd

Timed Finals: Warm-up: 3:00pm - Meet Start: 5:00pm

Teams that would like to warm-up on Thursday evening or earlier Friday morning (Before Diving Competition) should contact Coach Hill at the email below for scheduling.

Coaches Meeting: 4:30pm. A captain from each school must also be present at this meeting.

Timing Equipment: Colorado Timing with Scoreboard

Entries: Meet entry files as received from FHSAA following District competition.

Meet Referee: Tom Ward (Swimming)/ Matt Vieke (Diving)

If any participating school has officials that are willing to work the meet, Please contact Tom Ward at tpward1500@gmail.com.

Officials should wear white polo style shirts and khaki pants or shorts. There will be an officials meeting 45 minutes prior to the start of the competition.

Awards: Team Trophies: Champion and Runner-Up for both Boys and Girls.

Scoring:

Places 1st – 16th, from timed finals will be scored.

Points will be awarded as follows:

Individual events: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1

Relays are double points.

Admission: \$7 per session.

Heat sheets \$3.00 per session

Host Contact: Eric Hill, eric.hill@palmbeachschools.org, 561-338-1517 pool office

Facility Layout and additional helpful information:

The pool deck/competition area will be reserved for Athletes, Coaches, Officials and Volunteers only.

Parents and spectators will have access to limited seating on the pool deck and plenty of space on the practice field to the South of the Competition Pool.

Teams are welcome to set up tents for athletes on or off the pool deck.

There will be separate restroom facilities for athletes and spectators.

Hotels Accommodations:

If you google search “Hotels Near Boca Raton High School” you will have over thirty hotels to choose from.

Nearby Restaurants:

Follow above instructions replacing one word and you will have over a hundred to choose from.